



I'm concerned she
may not be safe...

How can I help?

More than ½ of college
students say they know a friend
in an abusive relationship.

A lot of students say they want to help,
but it's difficult to know how to support
a friend, roommate, or classmate who
is being abused.

Backed by evidence from researchers
at Johns Hopkins University, myPlan is
private, personalized for your situation,
and completely free.



myPlan is a guide to determining if
a relationship is unsafe and helps
people create a personalized safety
plan based on their situation.



Download for free at
myPlanApp.org